

CHEESY LASAGNA**Nutrition Facts**

6 servings per container
Serving Size ¾ cup (55g)
Calories
Amount Per Serving 200

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Total Fat 1.5g **2%**
 Saturated Fat 0.5g **3%**
Trans Fat 0g
Cholesterol <5mg **0%**
Sodium 450mg **20%**
 Vitamin D 0.1mcg **0%**
 Calcium 40mg **4%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

% Daily Value*
Total Carbohydrate 35g **13%**
 Dietary Fiber 2g **7%**
 Total Sugars 8g
 Incl. Added Sugars 3g **6%**
Protein 8g
 Iron 1.5mg **8%**
 Potassium 430mg **10%**

INGREDIENTS: Pasta (Wheat Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate, Riboflavin, Folic Acid), Tomato Powder, Modified Corn Starch, Creamer (Maltodextrin, Palm Oil, Mono And Diglycerides [With Tocopherols, Ascorbic Acid, Citric Acid To Preserve Freshness], Silicon Dioxide [Anti-Caking Agent]), Sodium Caseinate [Milk Derivative], Sodium Hexametaphosphate, Natural Type Flavor, Annatto), Sweet Whey, Sugar, Parmesan Cheese Flavor (Whey, Maltodextrin, Buttermilk, Natural Flavor, Salt), Sea Salt, Garlic Powder, Onion Powder, Onions, Organic Spices, Parsley, Black Pepper.

CONTAINS: Milk, Wheat,
 NET WT 11.64oz (330g)

CREAMY PASTA & VEGETABLES**Nutrition Facts**

6 servings per container
Serving Size ½ cup (51g)
Calories
Amount Per Serving 200

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Total Fat 3g **4%**
 Saturated Fat 1.5g **8%**
Trans Fat 0g
Cholesterol 0mg **2%**
Sodium 580mg **25%**
 Vitamin D 0.1mcg **0%**
 Calcium 40mg **4%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

% Daily Value*
Total Carbohydrate 35g **13%**
 Dietary Fiber 1g **4%**
 Total Sugars 4g
 Incl. Added Sugars 1g **2%**
Protein 7g
 Iron 1mg **6%**
 Potassium 200mg **4%**

INGREDIENTS: Pasta (Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate, Riboflavin, Folic Acid), Creamer (Maltodextrin, Palm Oil, Mono And Diglycerides [With Tocopherols, Ascorbic Acid, Citric Acid To Preserve Freshness], Silicon Dioxide [Anti-Caking Agent]), Sodium Caseinate [Milk Derivative], Sodium Hexametaphosphate, Natural Type Flavor, Annatto), Modified Corn Starch, Sweet Whey, Parmesan Cheese Flavor (Whey, Maltodextrin, Buttermilk, Natural Flavor, Salt), Sea Salt, Sugar, Carrots, Peas, Garlic Powder, Onion Powder.

CONTAINS: Milk, Wheat,
 NET WT 10.80oz (306g)

SAVORY STROGANOFF**Nutrition Facts**

6 servings per container
Serving Size ½ cup (56g)
Calories
Amount Per Serving 220

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Total Fat 3.5g **4%**
 Saturated Fat 1.5g **8%**
Trans Fat 0g
Cholesterol <5mg **0%**
Sodium 440mg **19%**
 Vitamin D 0mcg **0%**
 Calcium 60mg **4%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

% Daily Value*
Total Carbohydrate 39g **14%**
 Dietary Fiber 2g **7%**
 Total Sugars 4g
 Incl. Added Sugars <1g **2%**
Protein 6g
 Iron 1.3mg **8%**
 Potassium 220mg **4%**

INGREDIENTS: Pasta (Wheat Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Creamer (Maltodextrin, Palm Oil, Mono And Diglycerides [With Tocopherols, Ascorbic Acid, Citric Acid To Preserve Freshness], Silicon Dioxide [Anti-Caking Agent]), Sodium Caseinate [Milk Derivative], Sodium Hexametaphosphate, Natural Type Flavor, Annatto), Nonfat Dry Milk (Pasteurized Skim Milk), Sour Cream Powder (Cultured Cream Cream, Nonfat Dry Milk, Cultures, Enzymes), Salt, Lactic Acid, Natural E & Vitamin C Ester (To Preserve Freshness), Onions, Sea Salt, Sugar, Onion Powder, Mushroom Powder, Roast Flavor (Yeast Extract, Salt), Guar Gum, Garlic Powder, Vegetarian Beef Flavor (Yeast Extract, Natural Flavor [Candela Oil], Salt, Silicon Dioxide [Anti-Caking Agent]).

CONTAINS: Milk, Wheat,
 NET WT 11.86oz (336g)

CHEESY MACARONI**Nutrition Facts**

6 servings per container
Serving Size ½ cup (64g)
Calories
Amount Per Serving 260

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Total Fat 5g **6%**
 Saturated Fat 2.5g **13%**
Trans Fat 0g
Cholesterol <5mg **0%**
Sodium 560mg **24%**
 Vitamin D 0mcg **0%**
 Calcium 70mg **6%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

% Daily Value*
Total Carbohydrate 44g **16%**
 Dietary Fiber 1g **4%**
 Total Sugars 5g
 Incl. Added Sugars 2g **4%**
Protein 6g
 Iron 1.3mg **8%**
 Potassium 240mg **6%**

INGREDIENTS: Elbow Macaroni (Wheat Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate, Riboflavin, Folic Acid), Creamer (Maltodextrin, Palm Oil, Mono And Diglycerides [With Tocopherols, Ascorbic Acid, Citric Acid To Preserve Freshness], Silicon Dioxide [Anti-Caking Agent]), Sodium Caseinate [Milk Derivative], Sodium Hexametaphosphate, Natural Type Flavor, Annatto), Modified Corn Starch, Natural Cheese Powder (Whey, Nonfat Dry Milk, Cheddar Cheese, Salt, Butter, Buttermilk, Lactic Acid, Natural Flavors, Sodium Phosphates, Silicon Dioxide [Anti-Caking Agent]), Annatto, Paprika Extract, Natural Vitamin E), Sharp White Cheddar Blend (Cheddar Cheese, Whey, Buttermilk, Salt, Natural Flavor), Sodium Phosphates, Silicon Dioxide [Anti-Caking Agent]), Sugar, Sea Salt, Guar Gum, Lactic Acid, Orange Color (Annatto, Beet Juice).

CONTAINS: Milk, Wheat,
 NET WT 13.58oz (385g)

PASTA ALFREDO**Nutrition Facts**

6 servings per container
Serving Size ½ cup (54g)
Calories
Amount Per Serving 220

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Total Fat 5g **6%**
 Saturated Fat 2.5g **13%**
Trans Fat 0g
Cholesterol 10mg **3%**
Sodium 640mg **28%**
 Vitamin D 0.1mcg **0%**
 Calcium 60mg **4%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

% Daily Value*
Total Carbohydrate 35g **13%**
 Dietary Fiber <1g **3%**
 Total Sugars 4g
 Incl. Added Sugars 2g **4%**
Protein 8g
 Iron 0.8mg **4%**
 Potassium 200mg **4%**

INGREDIENTS: Pasta (Wheat Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate, Riboflavin, Folic Acid), Creamer (Maltodextrin, Palm Oil, Mono And Diglycerides [With Tocopherols, Ascorbic Acid, Citric Acid To Preserve Freshness], Silicon Dioxide [Anti-Caking Agent]), Sodium Caseinate [Milk Derivative], Sodium Hexametaphosphate, Natural Type Flavor, Annatto), Modified Corn Starch, Sweet Whey, Parmesan Cheese Flavor (Whey, Maltodextrin, Buttermilk, Natural Flavor, Salt), Sugar, Sharp White Cheddar Blend (Cheddar Cheese, Whey, Buttermilk, Salt, Natural Flavor, Sodium Phosphates, Silicon Dioxide [Anti-Caking Agent]), Sea Salt, Garlic Powder, Onion Powder, Lactic Acid, Black Pepper, Guar Gum, Parsley.

CONTAINS: Milk, Wheat,
 NET WT 11.53oz (327g)

TERIYAKI RICE**Nutrition Facts**

6 servings per container
Serving Size ½ cup (76g)
Calories
Amount Per Serving 270

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Total Fat 0.5g **1%**
 Saturated Fat 0g **0%**
Trans Fat 0g
Cholesterol 0mg **0%**
Sodium 700mg **30%**
 Vitamin D 0mcg **0%**
 Calcium 20mg **2%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

% Daily Value*
Total Carbohydrate 61g **22%**
 Dietary Fiber 1g **4%**
 Total Sugars 12g
 Incl. Added Sugars 12g **24%**
Protein 5g
 Iron 0.7mg **4%**
 Potassium 130mg **2%**

INGREDIENTS: Long Grain White Rice, Sugar, Modified Corn Starch, Red Miso Powder (Soybeans, Salt), Sea Salt, Carrots, Red & Green Bell Peppers, Onion Powder, Molasses Powder (Molasses, Maltodextrin, Silicon Dioxide [Anti-Caking Agent]), Ginger, Garlic Powder (Molasses, Maltodextrin, Silicon Dioxide [Anti-Caking Agent]).

CONTAINS: Soy,
 NET WT 16.08oz (456g)

*****REMOVE OXYGEN ABSORBER PRIOR TO PREPARATION****

****PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, AND TREE NUTS****

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